

## Big Hex disclaimer form

# Big Hex Scotland's Climbing Challenge

Thank you for booking your place in this event, we hope you enjoy it. Please read and sign this disclaimer – you need to return it to us at [info@bighex.org](mailto:info@bighex.org) before you will be allowed to take part.

### Declaration

I understand that if I am in any doubt about my health or have a medical condition that could be affected by participation in this event, particularly a heart condition, I should obtain my doctor's approval before participating in this event.

I understand that participants under the age of sixteen years must have an adult supply written permission for their participation.

I acknowledge that I participate in this event at my own risk and that neither, Big Hex or its administration staff and organisers can be held liable for any injury, loss or damage cause or sustained as a result of my participation.

I undertake to be bound by the event rules as stipulated by Big Hex

I understand that Big Hex may take a photograph of me taking part in this event and permit them to use the image for promotional purposes.

The British Mountaineering Council participation statement states : Climbing and mountaineering are activities with a danger of personal injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their own actions.

PRINT NAME \_\_\_\_\_

AGE \_\_\_\_\_

SIGNED \_\_\_\_\_ DATE \_\_\_\_\_

If aged 14 or 15 a separate form must be completed.